



The Secret Ingredient by Jan Markos and David Navara (twarda okładka)

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Product description

Wersja językowa książki - angielska. Twarda okładka.

The Secret Ingredient is a grandmaster guide to maximizing your chess results, focusing on key elements of practical play which have received little to no attention in previous chess literature.

How exactly can we best make use of computers? What's the ideal, step-by-step process for preparing against a specific opponent? How can we optimize our time management at the board? And what's the one key skill that separates the best players from those who have yet to reach their full potential? **GM Jan Markos** sheds light on these topics and many more, helped by the world-class insights of his good friend **GM David Navara**.

Jan Markos is a Slovakian grandmaster and trainer. His previous book, [Under the Surface](#), was the English Chess Federation's 2018 Book of the Year.

David Navara is the long-time Czech number one and a world-class grandmaster.

224 pages - Expected Publication (hardcover) March/April 2021

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Praise for Jan Markos's previous work:

"5/5 Stars. An incredibly creative book... Markos has a host of original ideas about all sorts of chess topics and a wonderfully witty and enthusiastic way of bringing them across... another fantastic book from Quality Chess!"

GM Matthew Sadler, New in Chess

"A really original and creative work!"

GM Karsten Müller